



NSMW 2022
Together we make a difference



FACT SHEET

Lots of little things add up to **Make a big difference**

To help you make your environmental pledge
CAN YOU ADD ANY OF THESE TO YOUR LIST?

20 ways to **Make a difference** to the environment



Cut out meat at least once a week



Donate your toys and electrical devices that you don't need any more



Compost your food waste



Use refillable water bottles



Join in with gardening projects at your school



Turn off the tap when brushing your teeth



Eat more fresh food instead of pre-packaged ones



Turn off the lights when rooms are not in use



Use public transport



Buy recycled paper



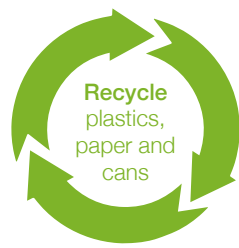
Turn off sockets and devices when not in use - do not leave on stand by



Walk more journeys (if safe to do so) instead of driving



Toy & game swaps, instead of buying new
Organise a swap-shop with friends or classmates



Recycle plastics, paper and cans



Volunteer for green projects such as litter picking



Try to eat more organic or local foods, especially fruits and vegetables



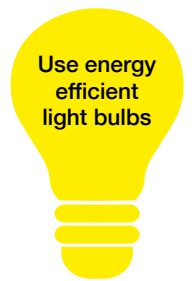
Compost your garden waste, use the correct bins



Recycle old clothes you don't wear any more



Buy less things. Do you really need it?



Use energy efficient light bulbs